

Stroud u3a – History Book Club

Recent Books (Spring/Summer 2026)

Feb 4

The Fatal Shore by Robert Hughes

Convict transportation to Australia

This is a long book.

Mar 4

The Perfect Heresy by Stephen O'Shea

Life & death of the Cathars and the formation of medieval Europe

Much shorter.

Apr 1

The Great Stink of London by Stephen Halliday

The building of the sewers by Bazalgette. 19th century attitudes to disease.

Lots of pictures!

May 6

The Potato by Larry Zuckerman

From the Andes to fish & chips.

Serious but easy to read.

June 3

Domesday – A Search for the Roots of England by Michael Wood

Classic work on what England was like at the time of the Norman Conquest.

Surprising what the Normans didn't bring with them!

July 1

Cod by Mark Kurlansky

The Fish That Changed the World

Full of surprising facts about fish, and some recipes ... easy reading.

Aug 5

From Stonehenge to Samarkand by Brian Fagan

An Anthology of Travel Writing.

Ancient sites as early travellers saw them.

Sept 3

Soul Made Flesh by Carl Zimmer

The Discovery of the Brain and how it changed the World.

Early modern medicine meets religious belief.